



# 100% Homework

## Subject: Health and Social care

Parents / carers can support their child in improving their learning by accessing the 100% Homework resources and encouraging self-quizzing at home. Regular testing of key concepts, content and vocabulary is proven to improve memory and the ability to recall important knowledge.

### Key learning for half term 2:

	What they need to know	What they should be doing at home	What resources are available	How can I help?
<b>Yr 9</b>	Factors affecting Physical, Intellectual, Emotional and Social development	Quizlet weekly testing Coursework completion	Coursework checklists Support worksheets Quizlet application	Reading through coursework and checking against the checklists with your child
<b>Yr 10</b>	Unexpected life events  How a life events affect Physical, Intellectual, Emotional and Social development  Formal and informal support to help deal with life events	Quizlet weekly testing Coursework completion		Ensuring that your child uses Quizlet to self-quiz at home weekly  Test your child using the quizzes on Quizlet  Encourage your child to complete

*“Books expose children to more facts and to a broader vocabulary than virtually any other activity, and persuasive data indicate that people who read for pleasure enjoy cognitive benefits throughout their lifetime” — Daniel T. Willingham*



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				practice exam papers at home and bring them into school to be marked
<b>Yr 11</b>	Wellbeing	Quizlet weekly testing	Coursework checklists	
	Factors affecting Wellbeing	Coursework completion	Support worksheets	
	Health indicators and data analysis	Home learning exam booklet	Quizlet application	
	SMART targets and recommendations for a Health and Wellbeing improvement plan	Practice exam papers	Revision guides	
	Obstacles to achieving a health and wellbeing plan		Home learning booklet	
			Practice exam papers	

## Reading:

Reading is a key driver in the improvement of learning and the ability to recall knowledge. All pupils have the following suggested reading list in their student planners. Please encourage your child to read in order to deepen their knowledge of the subjects they study. All books are available in our school library.

<b>Suggested reading:</b>	BTEC Health and Social Care revision guide
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