

ISSUE

01

May  
2020

## Introduction



Hi I'm Colette Morris the LADO (Local Authority Designated Officer for Allegations) over the past few years I have chaired the Digital Safety Group for the LSCB/safeguarding partnership. The internet is an amazing place and certainly in the current climate that we find ourselves in, it helps us connect to friends and family, view films and play games, educate and even keep us fit. However the internet does also have a 'dark side' - bullying, addiction, fraud, access to inappropriate information - to name but a few. At the Safety Group we have always had the philosophy that we need to allow professionals, parents and children to embrace the positives of the internet, but to do this they need to understand and mitigate the risks. Therefore we have decided to provide a regular newsletter to signpost people to useful websites and articles to allow you to support young people (and yourselves). We hope you find it useful and please don't hesitate to contact us if there is a specific issue you wish to have more information about. Contact me at [colette.morris@oldham.gov.uk](mailto:colette.morris@oldham.gov.uk)



Hi I'm Ellen Weedon and I am the Training Officer for Children at Oldham Safeguarding Children Partnership. My role is to visit all Oldham schools, colleges and community groups to deliver lessons and assemblies on a wide range of safeguarding topics directly to children. These include; E-safety, Relationships and Sex Education, Consent and Healthy Relationships and Radicalisation to name a few! I can also deliver training to professionals on these topics ☺. If you would like to find out more you can contact me at [ellen.weedon@oldham.gov.uk](mailto:ellen.weedon@oldham.gov.uk)

# E-Safety Newsletter



## In this issue

Introduction / OSCP Website **P.1**

Screen Time and App reviews **P.2**

FREE Parentzone Membership **P.2**

## New website launched!!

The LCSB has been rebranded as the  
**Oldham Safeguarding Children Partnership**

and has launched it's new website which provides information and support to professionals, parents / carers, children & young people.

Professionals can also access the up to date training calendar via the website

<https://www.olscb.org/>



We have also launched our new Twitter feed –  
**FOLLOW US!**

**@SafeguardOldham**

## App reviews

O2 and NSPCC have reviewed all the current most popular apps, games and social networks that children are using so you don't have to – including Zoom and Houseparty!

Bringing together the NSPCC's expertise in protecting children and O2's tech know-how, they are helping keep your children safe online. Whether you're an online expert or you're unsure of where to start, they're here to help – follow the link below

<https://www.net-aware.org.uk/networks/>



IMVU is a new app that we need to be aware of as it can be used to send sexual content and is being increasingly used by children. Click below for more information

<https://www.commonsensemedia.org/search/imvo>

## Should I feel guilty about how much screen time my child is getting right now?



One of the things the current crisis has really brought home is how unbelievably social children are, and want to be. In some ways, our adaptations to staying at home have made us use technology in ways that are great for children: in terms of relationships.

Here are some recommendations when it comes to using screens during this time:

**Not all screens are created equal.** Worried that the online classroom is adding to your child's screen time? Don't be. Screen activities shouldn't be lumped together

**Don't feel guilty.** We are living through a massive cultural shock. Families have enough stress to deal with, and counting screen minutes should be low on the list.

**Talk about it.** We're in a unique position where children are likely using screens more, and we may have more opportunities to join them—or at least engage with them about what they're watching and playing.

**Balance still matters.** We should aim for a balance throughout the week. So, more screens? Fine. But also find time to be active (indoors or outdoors)

**Get creative.** Let children use your phone to take photos and videos and then go to town with stickers, slo-mo or editing tools.

**Good content is key.** Choose age-appropriate, high-quality media and tech for your children. Use our reviews to find good content.



want to do everything they can to support our community – and one of the most practical and immediate things they can do is to **offer a free three-month Parent Zone membership to all schools and organisations that work with families.** Membership gives you access to a wealth of resources you can share with families to help them be more digitally resilient.

[Click here](#) then choose either Digital Schools or Digital Resilience. Click the **Add to cart button** then complete the membership form.

On the payment screen, you'll see a box labelled **Coupon code**, into which you can enter your free three-month membership code: **Free219June for Digital Schools** and **Free-19June for Digital Resilience**. Please enter the code and **click the 'add coupon' button**.