

OA Character Tutorials 2018/19

Our Learning Journey

Year 7

Autumn Term Starting as we mean to go on	Spring Term Expressing myself effectively	Summer Term Making good decisions
Organisation: Introducing Organisation	Resilience: What does resilience mean?	Initiative: What is 'Initiative'?
Organisation: Organised leadership	Resilience: Coping with change	Initiative: Do I enjoy putting myself forward?
Organisation: Starting as we mean to go on	Resilience: When am I resilient?	Initiative: How do I react when something goes wrong?
Them and Us: What are organised acts of kindness?	Them and Us: What are acts of kindness?	E-safety: Introduction to E-safety
Them and Us: The benefits of being involved	Them and Us: The difference between being nice and being kind	E-safety: Digital footprint
Them and Us: Pushing yourself to the limit for others	Them and Us: Kindness - what does it look like?	Wellbeing: The importance of goals and achievement
Wellbeing: Introduction to 'My Life'	Communication: What do we mean by 'effective' communication?	Leadership: What is leadership and why is it important?
Wellbeing: My hobbies	PIXLORate: Introduction to Oracy	Leadership: Choosing leaders
Wellbeing: Feelings	PIXLORate: Self-assessment	Leadership: Who am I as a leader?
Them and Us: What are harmful actions?	Communication: Dealing with confrontation	Wellbeing: Introduction to Mental Health
Them and Us: A world without harm?	PIXLORate: Listening and Responding	Wellbeing: Mental Health Self-Assessment
Them and Us: The power of our words	Communication: Communicating in Learning	Wellbeing: How being active impacts mental health

Year 8

Autumn Term Celebrating our differences	Spring Term Thinking with a clear head	Summer Term Committing to growth
Leadership: There's no 'I' in team	Initiative: When did I last show initiative?	Organisation: Organised problem solving
Leadership: Putting together a team	Initiative: Taking the initiative in my learning	Organisation: Planning events
Leadership: How I like to be led	Initiative: Approaching problems with a clear head	Organisation: Approaching challenges in an organised way
Them and Us: The cycle - thoughts-words-deeds	Futures: Routes to work	Them and Us: What is an 'open' character?
Them and Us: Positive reinforcement: the Feel Good Factor	Wellbeing: Stigma	Them and Us: What is a 'closed' character?
Them and Us: Recognising difference as a good thing	Wellbeing: Positivity	Them and Us: Why is it important to see each other as human first?
Communication: Structure of a debate	Them and Us: Everyday kindness	Resilience: What is a growth mindset?
Communication: Expressing opinion through debate	Them and Us: Kindness: worth so much, yet costs nothing	Resilience: What are my strengths and weaknesses?
Communication: Using debate to improve school work	Them and Us: Thinking outside the box	Resilience: No mistakes = no progress
E-safety: Social Media (Pt 1)	PIXLORate: Clarifying and summarising	Wellbeing: Personal growth (Pt 1)
E-safety: Social Media (Pt 2)	PIXLORate: Audience Awareness	Wellbeing: Personal growth (Pt 2)
E-safety: Cyberbullying	PIXLORate: Self-regulation	Wellbeing: Opportunities

Year 9

Autumn Term Finding my voice	Spring Term Adapting my voice	Summer Term Growing in confidence
PIXLOrate: Voice	Them and Us: Impact of being offended	Wellbeing: Pride
PIXLOrate: Body language	Them and Us: Respecting those who are not the same as us	Wellbeing: Pride in the environment
PIXLOrate: Working with others	E-safety: Online behaviour	Wellbeing: Confidence
Them and Us: Helping each other to grow	Communication: Content and rhetoric	Resilience: What makes people quit?
Them and Us: How to deliver feedback sensitively	Communication: Social media and communication	Resilience: Overcoming barriers
Them and Us: How to handle receiving feedback	Communication: Communication in the workplace	Resilience: Turning setbacks into success
Leadership: What is the difference between managing and leading?	Organisation: What does an organised person look like?	Futures: Competitive advantage
Leadership: Motivational leadership	Organisation: Organisation in the future	Initiative: What's so good about showing initiative?
Leadership: Motivating myself	Organisation: What organisational techniques work for me?	Initiative: Initiative and growth mindset
Them and Us: What is respect?	PIXLOrate: Content	Initiative: Solution-based and problem-based thinking
Them and Us: Is my language respectful?	PIXLOrate: Structure	Them and Us: The impact of valuing people
Them and Us: Breaking down language	PIXLOrate: Rhetorical techniques	Them and Us: Ways to show that you value people

Year 10

Autumn Term Owning my journey	Spring Term Owning my actions	Summer Term Owning my decisions
Wellbeing: Mindset Assessment	Them and Us: Physical Harm	Leadership: What is 'strong' leadership? Using your heart and head
Wellbeing: Mind Training (Pt 1)	Them and Us: Psychological Harm	Leadership: Command and Control versus Discuss and Decide
Wellbeing: Mind Training (Pt 2)	Them and Us: Harm online	Leadership: Why do employers want leadership skills?
Organisation: What organisational skills do I need at school?	Them and Us: Helping 'them' groups at risk of harm	Power to Perform: Mental Energy (Pt 1)
Organisation: Balancing importance and urgency	Them and Us: How can we protect each other in society?	Power to Perform: Mental Energy (Pt 2)
Organisation: Organising 'things' and organising myself	Resilience: Emotional, psychological and physical resilience	PIXLOrate: Confidence in speaking
Initiative: From setbacks to success	Resilience: What is my motivation?	PIXLOrate: Appraisal and Looking Ahead
Initiative: Active learning	Resilience: Motivating myself	Futures: Which Apprenticeship?
Initiative: Working independently	Futures: How to build a portfolio	Futures: What is a university and why go to one?
Power to Perform: Performance	Communication: What do I find effective?	Wellbeing: Recharge
Futures: Career Development	Communication: Giving and receiving constructive criticism	Wellbeing: Making choices (Pt 1)
Futures: The Labour Market	Communication: Interviews	Wellbeing: Making choices (Pt 2)