

Parent/Carer webinars to support your child's mental wellbeing.

As identified by the #beewell data sleep is negatively impacting children and young people's mental health. Oldham Council have partnered with Pennine Care's Mental Health Support Team to produce a webinar on this important topic.



Central Training	<i>Tips for a restful night's sleep</i>	Thursday 13th March 2025 3.30pm-5pm	Microsoft Teams Need help? <u>Join the meeting now</u> Meeting ID: 363 794 771 884 Passcode: riU5ty
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To access the webinar just click on the meeting links above. When joining you will be required to give your name, email address and the education setting your child attends in Oldham.