

## Parent/Carer webinars to support your child's mental wellbeing.

This webinar has been designed by Oldham Mental Health Support Team to give parents and carers more of an understanding of the sensitive topics of self-harm and suicide in young people. This webinar will provide information, myth busting, and signposting as well as practical advice around speaking to young people about these topics.



Central Training	<i>Self-Harm and Suicide Awareness Training for parents</i>	Friday 14 <sup>th</sup> March 2025 10am to 11.30am	Microsoft Teams <a href="#">Need help?</a> <a href="#">Join the meeting now</a>
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To access the webinar just click on the meeting links above. When joining you will be required to give your name, email address and the education setting your child attends in Oldham.